

WELLS HIGH SCHOOL

STUDENT ATHLETIC CODE

PURPOSE OF ATHLETICS

Athletics are an integral part of the education of every Wells High School student. It is expected that the athletic experience will be enjoyable to the student, provide an opportunity to the student to develop individual skills while learning the values of good sportsmanship, team play, competition, dedication and team and school loyalty.

THE HIGH SCHOOL ATHLETE WILL:

1. Treat officials, coaches, opponents and teammates with respect.
2. Accept victory with modesty, defeat gracefully, and never quit.
3. Control his/her emotions at all times and never argue with officials.
4. Accept decisions as they are made and abide by them.
5. Never swear, cheat, or “grandstand.”
6. Keep physically and mentally fit and observe training rules set by his/her coach.
7. Use one’s influence on and off the court and field to help develop good spectator sportsmanship.

STATEMENT OF PURPOSE

Wells High School, in a collaborative effort involving school personnel, students, family, and community members, ensures that all students have the opportunity to develop the knowledge and skills necessary to successfully confront the challenges they will face in their future. We set high academic expectations by providing all students with a challenging, rigorous, and comprehensive curriculum. We set high behavioral expectations by stressing the importance of communicating effectively, working cooperatively, making responsible, informed decisions, and respecting each other’s uniqueness. We address differences in student learning by utilizing a variety of effective instructional and assessment strategies. We encourage students to develop an awareness of their environment and recognize their responsibilities as apart of a global community.

LIMITS OF THE DISCIPLINE POLICY

The following rules and policies apply to any student who is on school property, who is in attendance at school or any school-sponsored activity, or whose conduct at any time or place directly interferes with the operations, discipline, or general welfare of the school.

ATHLETIC CODE

Eligibility

Freshmen, sophomores and juniors must carry a minimum of five courses per trimester. Seniors must carry a minimum of four per trimester. In order to maintain eligibility, a student may fail no more than one course per trimester. Eligibility for athletics/activities is gained or lost on the day that report cards are issued. Eligibility for fall sports will be determined by the third trimester grades for the preceding school year; a student may become eligible for fall sports by taking summer school courses approved by the guidance department and activities director. If a student withdraws from a course with a failing grade, the student may lose their eligibility for athletics/activities.

Conduct

A student receiving two unsatisfactory citizenship comments (“Unsatisfactory behavior in class” or “Disrupts Class”) will be ineligible to participate in inter-scholastic athletics for two weeks. At the end of the two-week period, the student will be re-evaluated by his teachers. Improvement from unsatisfactory will create eligibility for the athlete involved.

Age

Students may participate in inter-scholastic athletics until their twentieth birthday.

Duration

A student has four consecutive years (8 semesters) of eligibility unless a waiver is granted which in unusual circumstances, will be granted by the Maine Principals Association.

Season

A student may participate in only one inter-scholastic sport per athletic season. A sport season shall begin on a date set by the Maine Principals Association and end at that season’s awards night/final playoff game.

Parental Permission

The student must give his/her coach a permission slip signed by his/her parents or guardian before participation in any practice.

Insurance

The student is required to carry adequate insurance. Proof of coverage must be presented to the coach. If the student is not insured by a family insurance policy, school insurance is available at the students' expense.

Physical Examination

The student is required to pass a school physical examination during the school year or go to his/her family physician at his/her expense before participating in a practice. If a student elects to go to his/her family physician, proof of examination, signed by a physician, must be presented to the school nurse, athletic director or coach.

Training Rules

Substance Abuse/Use

Students will not use, possess, be in the presence of, sell, transport and/or distribute any alcoholic beverage and/or any scheduled drugs or tobacco. This philosophy is not limited to school property or to transportation to and from school events. Students are encouraged to seek help for substance abuse related problems or incidents. To the degree legally possible, such meetings between students and counselor will be maintained on a confidential basis.

With prior approval of the Activities Director, additional rules may be established by the coach of the individual sport. If this is the case, each athlete in that sport will receive a written copy of these rules at the first practice session and return an acknowledgment form signed by the athlete and parent/guardian. Coach's rules take precedence over these rules.

Any member of an athletic team will be suspended from that sport for a period of four (4) weeks for the smoking and use of tobacco.

Any member of an athletic team will be suspended from that sport for the remainder of that season or a period of eight (8) weeks from all athletics, which-ever is greater, under the following circumstances:

- a. Student has consumed, possessed, transported or was in the presence of illegal use of alcoholic beverages during that sport season.

- b. Student used, possessed or transported non-prescribed drugs during that sport season
- c. Student smoked or possessed marijuana during that sport season.

If any athlete receives a second seasonal or eight (8) week suspension, he/she will lose the right to participate in inter scholastic athletics for a period of one (1) calendar year from the date of the last violation. Athletes who are in violation of this code will also be subject to administrative penalty. The above rules will be enforced when it is determined by the athletic administrator or the school administration that an athlete has violated training regulations.

Any member of an athletic team who violates the Substance Abuse/

Use training rules in a first offense, and who voluntarily admits to violating the Wells High School substance abuse policy will be subject to the following:

1. A suspension from all practices, events, activities or games that occur during the five (5) school days following the effective date of the suspension. However, the suspended student will be allowed to practice and travel with his/ her team but not participate in any contest for an additional ten (10) school day period. Before being allowed to resume any activity, the student must agree to meet with the school's social worker.
2. A second violation of the substance abuse policy during the school year, or at any time on or after the day of the first tryout, meeting or activity, will result in a suspension from all student practices, events, activities or games for one calendar year
3. A third violation of the substance abuse policy during the school year, or at any time on or after the date of the first tryout, meeting or activity, will result in suspension from all student activities for the remainder of their school career.

Sportsmanship and Citizenship

All participants in athletic programs should understand that it is a privilege to participate in the school athletic program and that the athlete is representing his school, parents, friends, community, coaches, and themselves. Their actions, both on and off the athletic field and court, should reflect these at all times. Therefore, he/she should not behave in a manner unbecoming a lady or a gentle-man. Unsportsmanlike acts will be reviewed by the coach, athletic director, and school administration. Individual Coach's Rules. All athletes must abide by the training, participation, and disciplinary rules established by the coach.

School Attendance

Athletes must be in school on the day of a game or practice by period one with an excused note. In case of a Saturday game, the athlete must be in school on Friday. Excused absences will be for a family funeral, medical appointment or for a reason validated by the athletic director and principal.

Dress

Athletes are expected to dress neatly while representing his/her school. Jeans are not considered proper dress.

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School Attendance

Athletes must be in school by **8:00 AM** with an excused note of tardiness in order to participate in any event that day. Excused absence would be for a family funeral, medical appointment or a reason validated by the Principal or Director of Student Activities. Seniors with 1st block off must be in school by **9:00 AM**

Practice Attendance

Athletes are expected to be at all practices and to be on time to each practice. If the student cannot attend a practice, he/she should inform the coach personally prior to the starting time for practice. Students dismissed from school for medical reasons will not play or practice that day.

Practice Requirements

A student must attend five practice sessions before participation in his/her first game.

Attire

Athletes are expected to dress neatly while representing his/her school. Jeans are not considered proper dress

Equipment

Each student must pay for unreturned or damaged equipment issued to him/her. Students who fail to pay for the unreturned or damaged equipment will be ineligible to participate in the next sport season and will not receive an athletic award. Equipment must be returned with 24 hours following the conclusion of the season or the termination of participation.

Injuries

Athletes should report all injuries to his/her coach. A student who is referred to a physician cannot return to participation until written permission is obtained.

Travel

All team members and coaches shall travel in school-provided transportation to away athletic contests. Any exceptions to this policy must be approved in advance. Only team personnel (players, coaches, trainers and team managers) will be allowed on team buses. All team members who ride to an away game on the bus shall return on the bus unless the coach has approved parents' written permission to travel with their parents or their adult designees only. Prior approval must be obtained in writing from the Director of Student Activities to release students with parental designees. Student athletes are not allowed to drive or be driven to away games without special permission from the Director of Student Activities or Principal.

Termination of Participation

Students who discontinue participation on a sports team are to inform his/her coach of this action. All equipment must be returned within one school day.

School Suspension

Athletes suspended from school will not be allowed to participate in practice or athletic contests during the suspension period.

Additional Rules

Additional rules may be established by the coach of the individual sport. If this is the case, each athlete in that sport will receive a written copy of these rules at the first practice session.

Due Process

Due Process and Appeals

Any student athlete disciplined under this athletic code who believes that there has been a violation or inequitable application of any of the provisions of this code, may, at his/her option, invoke the following appeals procedure. Discipline will remain in effect during the appeals procedure.

- 1 Student athletes and parents/guardians are encouraged to discuss with the coach any disciplinary action taken by the coach. Any such action taken by the coach shall be reduced to writing and shared with the athlete and activities director.
- 2 If the athlete is not satisfied with the disposition of the matter, he/she shall have five (5) calendar days to appeal the decision in writing to the Activities Director. The Activities Director shall render a decision, in writing, within two (2) calendar days and provide a copy to the athlete. If no appeal is made within five (5) calendar days, the matter shall be deemed settled.

If the athlete is not satisfied with the judgment of the Activities Director, he/she shall have five (5) calendar days to appeal the decision to the Principal. The Principal shall have five (5) calendar days to render his/her decision and the reason therefore in writing. If no appeal of the Activities Director decision is made within five (5) calendar days, the matter shall be deemed settled. The decision of the Principal shall be final.

Memberships

We are members of the National Federation of High Schools, Maine Principals Association, Western Maine Conference, the Campbell Football Conference.

REQUIREMENTS FOR LETTER AWARDS

The athlete must complete the season if physically able.

Cross-country - Place in top seven for our team in half of the meets.

Baseball - Play in 40% of the innings. Pitchers are awarded at the discretion of the coach.

Football - Play in 40% of the quarters.

Field Hockey - Play in 40% of the halves.

Softball - Play in 40% of the innings. Pitchers are awarded at the discretion of the coach.

Track - Earn ten points or be seeded in the regional meet.

Cheerleading - Cheer at all the games unless excused by the advisor.

Basketball - Play in 40% of the halves.

Golf - Play in 40% of the varsity matches.

Lacrosse - Play in 40% of the quarters.

Soccer - Play in 50% of the halves.

Tennis - Compete in 40% of the matches.

Wrestling - Compete in 40% of the varsity matches.

Managers - Attend all practices and carry out all duties as assigned by the coach.

Awards

Certificates and awards are presented to all **athletes who complete the season**. Letters and numerals are presented to athletes the first time they are eligible for these awards. Repeat letter winners in the same sport earn distinctive pins. Plaques are presented to **state champions** by the Athletic Boosters. **All-Star athletes** are recognized by a plaque presented by the Athletic Boosters.

Letter jackets are presented to athletes who

- **earn 2 letters in the same sport**
- **3 in their career**

Champion jackets are presented by the athletic boosters to individual or team champions once. Additional championships shall result in patches presented by the Athletic Boosters.

Wrestling all-stars will be those individuals who win their weight class in the league championship meet.

Indoor track all-stars will be those athletes who score points in the State meet.

Track all-stars are those athletes who win their event in the Western Maine Conference Meet.

ATHLETIC/ACTIVITY ELIGIBILITY

1. Freshmen, sophomores and juniors must carry a minimum of five courses per trimester. Seniors must carry a minimum of four courses per trimester.
2. In order to maintain eligibility, a student may fail no more than one course per trimester.
3. Eligibility for athletics/activities is gained or lost on the day report cards are issued.
4. Eligibility for fall athletics/activities will require that there be no more than one course failed in the final quarter of the previous year or, no more than one course may be failed for the second semester.
5. If a student withdraws from a course with a failing grade, the student may lose their eligibility for athletics/activities.

ATHLETIC/ ACTIVITIES CODE

Coaches/Advisors will distribute and review at the beginning of each season. (Parent/Student Athletic/Activity Guide)

NCAA Eligibility Standards

The NCAA has established a central clearinghouse to certify athletics eligibility for Division I and II. Here are the answers to questions that frequently are asked by students about what they need to do to participate in college sports under this new process.

Why do I need to register and be certified?

If you intend to participate in athletics at a Division I or II school as a freshman, you must be registered with and be certified as eligible by the NCAA Initial-Eligibility Clearinghouse. Please note that initial-eligibility certification

pertains only to whether you meet the NCAA requirements for participation in Division I or II

athletics and has no bearing on your admission to a particular Division I or II institution.

To be certified for Division I, you need to graduate from high school and have a grade point average in the core curriculum of at least 13 academic courses and achieve a qualifying test score on the ACT or SAT that is within the following sliding scale:

<u>CORE GPA</u>	<u>SAT</u>	<u>ACT</u>
2.500 and above	700	17
2.475	710	18
2.450	720	18
2.425	730	18
2.400	740	18
2.375	750	18
2.350	760	19
2.325	770	19
2.300	780	19
2.275	790	19
2.250	800	19
2.225	810	20
2.200	820	20
2.175	830	20
2.150	840	20
2.125	850	20
2.100	860	21
2.075	870	21
2.050	880	21
2.025	890	21
2.000	900	21

To be certified for Division II, you need to graduate from high school, earn a grade-point average of 2.00 (on a 4.000 scale) in a core curriculum of at least 13 academic courses and achieve a qualifying score of 17 on the ACT or 700 on the SAT.

When should I register? You should register with the clearinghouse whenever you decide you would like to participate in athletics as a college freshmen. It generally is best to register after your junior year grades appear on your transcript. Although you can register anytime prior to participation, if you register late, you may face delays that will prevent you from practicing and competing.

How do I register? You will need to obtain registration materials from our high school guidance counselor. (If your school has run out of materials, your counselor should write to the clearinghouse (FAX 319-337-1556) to obtain additional forms). These materials include a student release form and a red brochure entitled "*Making Sure You are Eligible to Participate in College Sports.*" Fill out the student release form completely and mail the top copy of the form to the clearinghouse along with the \$18 fee. (This fee can be waived if you received a waiver of the ACT or SAT test fee) Give the pink and yellow copies of the student release form to your high school counselor, who then

will mail the yellow copy, along with an official transcript, to the clearinghouse. **NOTE: Faxed transcripts are not acceptable.** The high school will keep the pink copy of the form for its files.

What if I have attended more than one school? If you have attended multiple schools since the ninth grade, each school will need to send your official transcript to the clearinghouse. You should give the pink and yellow copies of the student release form to the counselor at the high school from which you will be graduating. You also will need to make copies of this form and send them to the counselors at the others schools you have attended.

Are standardized test scores required? Qualifying test scores are required for participation at both Division I and II institutions. You may report your scores directly from the testing agency using code **9999**; **or** if your high school reports test scores on the official high school transcript, those scores may be used for eligibility purposes. Effective August 1994, scores taken from an official high school transcript received at the clearinghouse are acceptable for **all** Division I and II sports.

How can I arrange for my scores to be sent directly from the testing agency? When you register to take the ACT or the SAT, you can mark **9999** so that the clearinghouse will be one of the institutions receiving your scores; alternatively, you can submit a request (and fee) for an additional score report to the appropriate testing agency by indicating code **9999** on your request form.

What will the clearinghouse provide to those institutions that are recruiting me? The clearinghouse will send your eligibility status to any Division I or II institution that requests it, provided you have given your permission on your student release form for the institution to receive that information. Please note that the clearinghouse will not send your eligibility information at your request; rather, the institution must make the request for that information.

How can I check on the status of my file at the clearinghouse? When you complete the student release form, be sure to enter your Social Security Number and 4-digit Personal Identification Number (PIN). After you submit your form, you will then be able to call the 24- hour voice response service at 319-339-3003 and access your record, using a touch tone phone.

August 1994

Please follow the following process for addressing issues with your student athlete and team issues.

- 1. Student Athlete should talk to the coach.**
- 2. Parent should contact the coach and discuss the issue.**
- 3. If the issue is not resolved after speaking or meeting with the coach then the parent should contact the Director of Student Activities and set up an appointment to discuss the issue with everyone that is involved in the situation.**

PARENT/STAFF COMMUNICATIONS

Involvement requires commitment for students, parents, coaches, and advisor.

To be successful communication must happen.

COMMUNICATION YOU SHOULD EXPECT FROM YOUR STUDENT'S COACH

1. When and where are practice and contests.
2. What is the coach's philosophy.
3. What are the expectations the coach has for all the players on the squad as well as your student.
4. What is required to be a part of the team, special equipment, off season conditioning.
5. When your child is injured during participation.
6. Any discipline action of your child that results in removal from participation.

WHAT ARE APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your child, mentally physically.
2. Skill improvement and development.
3. Concerns about your student's behavior.

WHAT THINGS ARE NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Playing time.
2. Team Strategy.
3. Play calling.
4. Other student/athletes

COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Support towards the commitment of the program:

Be sure your student is at practice on time.

The night before a contest performance, maybe going to the all night concert is not such a good idea.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH WHAT PROCEDURE SHOULD BE FOLLOWED

1. Make an appointment with the coach.
2. If the coach cannot be reached, call the Director of Student Activities, Mr. Molloy to set up a meeting.
3. Please do not attempt to confront a coach before, during, or following a contest or practice. These are emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.

WHAT CAN A PARENT DO IF THE MEETING WITH THE COACH DID NOT PROVE A SATISFACTORY RESOLUTION

1. Call and setup an appointment with the Mr. Molloy to discuss the situation.
2. At this meeting the appropriate next step can be determined.

We are continually attempting to improve communication with the students and parents. For our programs to be truly successful it is necessary that everyone involved understand the direction the program is headed. That understanding begins today.

Updated Summer 2009

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TRAVEL D I R E C T I O N S

WESTERN MAINE CONFERENCE

TRIPLE C CONFERENCE

ATHLETIC FACILITIES

Revised - Oct. 2004

Western Maine Conference

A / B Division (most sports):

Cape Elizabeth High School

Ocean House Rd. 799-3309

Falmouth High School

52 Woodville Rd. 781-7429

Freeport High School

30 Holbrook St. 865-4706

Fryeburg Academy

152 Main St. 935-2001

Gray NG High School

10 Libby Hill Rd., Gray 657-3323

Greely High School

Main St., Cumberland 829-4809

Lake Region High School

Rte. 302, Naples 693-6221

Poland Regional High School

Rte 26, Poland 998-5400

Wells High School

Sanford Rd. 646-7011

Yarmouth High School

West Elm St. 846-5535

York High School

286 Long Sands Rd. 363-3621

C / D Division (most sports):

North Yarmouth Academy

123 Main, Yarmouth 846-9051

Old Orchard Beach High School

40 EE Cummings Blvd. 934-4461

Sacopee Valley High School

115 S. Hiram Rd, Hiram 625-8507

St. Dom's High School

121 Gracelawn Rd, Auburn 782-6911

Traip Academy

Williams Ave., Kittery 439-1121

Waynflete School

360 Spring St, Portland 774-5721

CAPE ELIZABETH HIGH & MIDDLE SCHOOLS

FROM SCARBOROUGH AND RTE. 1 SOUTH: At Rte 1 and Rte 114 intersection at Oak Hill. Proceed southeast on Rte 207 (a continuation of 114 - a right turn off Rte 1 if coming from Saco) towards Prout's Neck. At the intersection of Rtes 77 and 207, turn left onto Rte 77. Stay on 77 approx 8 miles, past Higgins Beach, Crescent Beach on into the heart of metropolitan Cape Elizabeth. When you can just see the Pond Cove Shopping Center ahead on your left, Cape Elizabeth High School will be immediately on your left. If you get to the shopping center, you've missed the school driveway by 100 feet.

FROM PORTLAND NORTH ON 295: Take exit 6A off 295, which is marked Forest Ave. South (the 2nd Forest Ave exit as you come south). Stay in the right lane and proceed to the traffic light. Turn right towards the park onto Rte. 77. (You will stay on 77 all the way to Cape Elizabeth) Drive through the park, up State Street and over the hill (77 bears left around the monument at the top of the hill), down the hill to the water, bearing right across the drawbridge into South Portland. Once in South Portland, you will be on a four-lane road, pass the Dunkin Donuts on your left. Stay in the far right lane and be prepared to turn right (@Pizza Joint) at the next intersection onto Route 77 following signs for Cape Elizabeth. Over the next several miles, you will go through several stop lights. At the blinking light you will see a Cumberland Farms store on your right and a Mobil Service Station on your left. Continue on about another half mile. 100 feet past the Pond Cove Shopping Center on your right is the high school's driveway.

FOOTBALL FIELD DIRECTIONS: Follow the above directions to the blinking light @ Cumberland Farms. Turn right onto Scott Dyer Road. Follow Scott Dyer until the end. Take a left onto Spurwink Avenue. The football field will be on the left side of the road immediately following the sign for the Cape Elizabeth Transfer Station.

FROM EXIT 7 OFF THE MAINE TURNPIKE (from either direction): After going through the toll booths, continue straight ahead on the multi-lane connector to U.S. Rte. 1. At the stoplight,

turn right onto Rte. 1 and go to the 2nd stoplight, at the intersection of Pleasant Hill Rd. As you approach this intersection there will be a Volvo dealership on your right. Turn left onto Pleasant Hill Rd and proceed about 3.5 miles (you will wind around a bit and go through a blinker light) until it T-intersects with Rte. 77. Turn left onto Rte 77 and go about 4 miles until you come to Cape Elizabeth High School on your left. If you pass the Pond Cove Shopping Center, you've missed the school driveway by 200 feet.

FALMOUTH HIGH & MIDDLE SCHOOLS

From Interstate 295 - North & South: Take Bucknam Road-Falmouth exit 10. Turn right off exit. Go .2 miles to light (variety store on right). Go straight at light - sign will say Falmouth West. Look for blue signs with arrows for Falmouth Middle/High School. Go 1.3 miles and bear right onto Falmouth Road. Look again for blue signs. Go 1 mile to Woodville Road (look again for blue signs). Take right onto Woodville Road. The school is .3 mile on the left.

From Maine Turnpike 95 - North & South: Take Exit 53 (Portland North). Go through toll booth and turn left onto Gray Road (Rt. 26). Go .2 miles to light (look for blue sign with arrows). Turn right onto Leighton Road. At the end of Leighton (.5 mile), turn right onto Falmouth Road. Travel .9 mile and turn left onto Woodville Road (look again for blue signs). The school is .3 mile on the left.

FREEPORT HIGH SCHOOL

From North: Take Rte. 115 out of Gray into Yarmouth. Turn left onto I-295 North. Take Exit 20, Desert Road. Take Rte. 1 north. After police & fire station go STRAIGHT through light. Turn left onto Holbrook Street located just before the Reebok Outlet. Follow Holbrook St., High School is on right. Tennis & Field Hockey on left. For Soccer, Lacrosse & Softball continue around the back of the school onto the Snow Road.

From South: Take I-295 out of Portland. Take Exit 20, Desert Road & follow same directions as above.

Baseball: _____ Same as above. From Rte. 1 north, go past Holbrook Street; take next left between the GAP Outlet and the Lobster Cooker Restaurant. Follow street and parking lot to rear. Baseball field located at rear of parking lot

Wolf Neck State Park - cross country: Same as above. Follow Rte. 1 north. At L.L. Bean, take right onto BOW STREET. Follow signs to Wolf Neck State Park.

Pettingill Farm - cross country: _____ Same as above. Follow Rte. 1 north. At L.L. Bean, take right onto BOW STREET. Go past Mast Landing School, cross over salt marsh, at top of hill take first right onto Pettingill Farm Rd - follow signs

Toddy Brook Golf Course (Located in North Yarmouth):

From the South: In Yarmouth, go north on Main Street, Rt. 115 - take right onto Sligo Road - go approx. 2.5 miles, course located at right

From the North: in Gray, go south on Rt. 115 - take left onto Rt. 9 - follow Rt. 9 approx 1 mile - take right onto Sligo Road - course on immediate left

FREEPORT MIDDLE SCHOOL

All athletic facilities (see cross country above): Take Exit 22 off I - 95. From north go right at end of exit ramp. From south go left at end of exit ramp. At McDonald's take left onto Rte. 1 north. Go 1/3 of

mile. Take LEFT onto Kendall Lane. Middle School at end of street on left.

FRYEBURG - Molly Ocket MS

From Portland: Take 25 to Gorham, take right onto 113 in Standish, in Fryeburg take right on Main St. at monument. In Fryeburg, go around bend. School on left.

From the East: From Gray, take 202 south, take right onto 302. Follow 302 into Fryeburg. School on right

FRYEBURG ACADEMY

From Portland: Take Rte 25 to Gorham; take right onto Rte 113 in Standish. In Fryeburg take right on Main St. at monument. Take a right on Bradley St. and the gym is the next to last structure on the left. Soccer, football, field hockey and baseball fields are behind the gym. Cross-country events also start behind the gym. The softball field is across the street from the gym.

From the East: Follow 302 into Fryeburg. Take left onto Spring St. after the bowling alley. Take a right onto Bradley St. The gym is the second structure on the right.

HAM ICE ARENA, Conway, NH - FROM ROUTE 16: Follow Spaulding Turnpike (Rte. 16) into Conway. Take right onto West Main St. (across the street from Kennett High School). Ham Ice Arena is on left 1/2 mile down West Main St.

HAM ARENA, Conway, NH - FROM FRYEBURG: Go through Fryeburg going west on Rte. 302 / 113. At first light, continue straight on Rte. 113 (Rte. 302 goes right). Continue west on 113 to lights in Conway (Irving on the right). Stay straight through next set of lights (4 corner intersection). Keep straight until Kennett High School is on right. Take left at flashing light (onto West Main St.). 1/2 mile on the left is Ham Arena.

BRIDGTON ACADEMY ICE ARENA: 302 into Bridgton from Windham/Casco. Go straight at the 4-way light in Bridgton onto 117. Bear left before Harrison onto Rte. 37. Take left onto Chadbourne Hill Rd, then left at tennis courts.

TENNIS COURTS

FROM RTE. 302: Coming into Fryeburg, pass cemetery on left. As you start to round a sharp left hand turn, take a right onto Rte 5. Go approximately mile. Take left onto Swan's Falls Rd (if you get to Fairgrounds, you've gone to far). On Swan's Falls Rd, go approx. 2/10 mile and you'll see Forest Acres. Tennis Courts located here at end of driveway. Buses must park on the road.

FROM RTE. 5/113: Coming into Fryeburg, take right at the light. Go past Fryeburg Academy. Bear left onto Rte 5. Go approximately mile. Take left onto Swan's Falls Rd (if you get to Fairgrounds, you've gone to far). On Swan's Falls Rd, go approx. 2/10 mile and you'll see Forest Acres. Tennis Courts located here at end of driveway. Buses must park on the road.

STARKS HILL (NORDIC SKI LOCATION)

FROM RTE. 302: Rte. 302 into Fryeburg, left at Irving Station onto Elm Street. Go straight until you reach Forest Industries. Bear right onto dirt road. Pass B & C Auto Body Shop.

FROM RTE. 5/113: Rte. 5/113 into Fryeburg, left at monument onto Main St. Left at Irving Station onto Elm Street. Go straight until you reach Forest Industries. Bear right onto dirt road. Pass B & C Auto Body Shop.

GORHAM

Narragansett School – H.S. Lacrosse, JV & Frosh Football, X-Country (M.S. & H.S.)

Gorham High School: Soccer(V, JV & Frosh), Football(Varsity), Field Hockey(V&JV), Baseball,(V, JV & Frosh), Softball(V&JV), Track, Basketball(V,JV&Frosh)

Gorham Middle School – Baseball, Softball, Field Hockey, Basketball, Soccer, MS Lacrosse
University of Southern Maine – Ice Hockey

To Gorham from Rte. 114 – (from the center of town)

Follow 114 to Gorham – Morrill Avenue on left (after Weeks Road and Running Springs Road) High School 2nd right, onto school grounds. Athletic fields are in the rear.

Gorham Middle School – Follow 114 to Gorham (from Rte 22) – At first light turn left onto Weeks Road. GMS on the left.

Narragansett School –

Take Rte. 114 to center of town. Turn right onto Rte. 25. School is approximately 1 mile on left.

To Gorham from Rte. 202

Narragansett - Rte 202 to Rte 25. At light at JCT of 202 and 25 turn left. School is on the left just beyond Municipal Bldg.

Gorham H.S. – Rte 202, bear right onto Rte 25. At third light turn left onto Rte 114.(South Street) Second right, Morrill Avenue.

Gorham M.S. – Rte 202, bear right onto Rte 25. At third light turn left onto Rte. 114 (South Street). Take 4th right onto Weeks Road. GMS on Left.

GRAY-NEW GLOUCESTER HIGH AND MIDDLE SCHOOLS

-Exit 63 off Maine Turnpike. At end of exit take right to first light.

-At first light go left to second light and go left again onto Rte. 26 North.

-Travel till you go over the highway overpass and take the first left AFTER the Fire Station onto Libby Road. The high school is on the right. The middle school is 1/4 mile after the high school.

- Middle school soccer games are played at the middle school.
- Middle school baseball / field hockey / softball are at the middle school.

- All high school fields are behind the high school.

GREELY HIGH SCHOOL / JR. HIGH SCHOOL

From Northern Maine:

Option #1:

Maine Turnpike (Interstate 95) south to Augusta. Continue on I-95 from Augusta to Gardiner. Exit at the Gardiner Exit and continue on 295 south to Exit 15, Yarmouth/Cumberland. Take a left onto Rt. #1, continue on this route for approximately 1 mile. Before the overpass, take a left at the Tuttle Rd. sign. Take a right at the top of the ramp onto Tuttle Road. Follow Tuttle for approximately 3 miles. Middle school is on the right. For high school, continue on Tuttle Road. Turn right onto Route #9. Greely High is on the right approx. 100yds.

Val Halla Golf Course: Continue beyond high school, on Main St. approx. 3/4 mile, turn right onto Greely Rd, then immediate right onto Val Halla Rd.

Greely Road Fields (h.s. baseball / softball / sub-varsity football): Continue beyond schools - on Main St. approx. 3/4 mile, turn right onto Greely Rd. On Greely Road, go 1.6 miles – Turn right into facility

Twin Brook Recreation Facility: (h.s. / j.h.s. cross country running, nordic skiing - j.h.s. soccer, lacrosse)
After turning right onto Tuttle Rd., travel approximately 1 1/2 miles to rec facility (on right).

Sharp's Field: Continue beyond schools on Main St. (Rt 9) approx. 2 miles. Bear left onto 115 at intersection with route 9. 100-200yds, turn right at stone pillars. 500 yds beyond pillars turn left into Town Office drive. Fields are on right.

Option #2:

Maine Turnpike (Interstate 95). Take Exit 63, Gray N.G. Turn right after toll. At intersection with Rt. 100 (Main St. Gray), cross Rt. 100 to 115 East. Continue on 115 to stop sign at intersection with 231, turn right. Few miles and then right onto Route #9. Follow Rt. #9 into Cumberland Center. High school will be on the left. For Greely

Middle School, go past the high school, turn left at the traffic light onto Tuttle Rd.

After Wilson Elementary School, turn left into middle school driveway

Val Halla Golf Course: (golf) Follow Rt. #9 into Cumberland Center, turn left onto Greely Rd. when first coming into The Center, and immediate right onto Val Halla Rd.

Greely Road Fields (h.s. baseball / softball / sub-varsity football): Follow Rt. #9 into Cumberland Center, turn left onto Greely Rd. when first coming into The Center. Greely Road, 1.6 miles – Turn right into facility

Twin Brook Recreation Facility: (h.s. / j.h.s. cross country running, nordic skiing - j.h.s. soccer, lacrosse)
Follow Rt. #9 into Cumberland Center, high school will be on the left. Go past school, turn left at the traffic light onto Tuttle Rd - 1.7 miles to left turn into recreation facility.

Sharp's Field: From intersection with 231, approx 2/3 mile from intersection- look for a small auto body shop. Turn left onto Parsonage Rd. Turn right at end of street. Turn right into Town Office drive. Fields are on right.

From Southern Maine:

Option #1:

Maine Turnpike (Interstate 95) to Portland North, exit 53. Left after toll, onto Route 100. Approximately 1 mile, turn right at the traffic light onto Falmouth Rd. Falmouth Rd. will immediately bear to the left and becomes Winn Rd. Remain on Winn until it intersects with Rt.#9 - Left onto 9. Approximately 1 mile to Cumberland Ctr. For Greely Middle School: right at traffic light, left after Wilson Elementary School.

For Greely High School: straight thru traffic light, school is on the right

Option #2:

Maine Turnpike (Interstate 95) to Portland Exit #44, 295 North. Remain on 295 no. until exit 10, Bucknam Rd. Exit. Take a right at the top of the ramp. Turn Right at the intersection with Route #9.

Follow Rt #9 to Cumberland Center. For Greely Middle School: right at traffic light, left after Wilson Elementary School.
For Greely High School: straight thru traffic light, school is on the right

Val Halla Golf Course: (golf) Continue beyond schools on Main St. approx. 3/4 mile, turn right onto Greely Rd. and immediate right onto Val Halla Rd.

Greely Road Fields (h.s. baseball / softball / sub-varsity football): Continue beyond high school - on Main St. approx. 3/4 mile, turn right onto Greely Rd. Greely Road, 1.6 miles – Turn right into facility

Twin Brook Recreation Facility: (h.s. / j.h.s. cross country running, nordic skiing - j.h.s. soccer, lacrosse)
When entering Cumberland Ctr., turn right at stop light, travel 1.7 miles. Left into recreation fields.

Sharp's Field: Continue beyond schools on Main St. (Rt 9) approx. 2 miles. Bear left onto 115 at intersection with route 9. 100-200yds, turn right at stone pillars. 500 yds beyond pillars turn left into Town Office drive. Fields are on right.

North Yarmouth Memorial School
Greely HS is on Rt 9... so is North Yarmouth Memorial School
From Greely HS:

- * pass the high school, remain on Route 9
- * left at intersection with Rt. 115 (also still on Rt 9)
- * 100 yds, turn right between the stone pillars to remain on Rt9
- * School is a quarter of a mile on left
- * Take a hard left just before school to drop the kids off at the field

From Gray

- * Route 115 toward Cumberland
- * Take a hard left onto Rt 9 (between the stone pillars)
- * School is a quarter of a mile on left

LAKE REGION

High School: Located on Rte 302 North, 3-4 miles out of Naples.

Middle School: is off 302, 3-4 miles out of Naples, turn right onto Kansas Road before Lake Region High School. School is on left.

Tennis: is played at Point Sebago Campground, 2 miles before Naples on Rte. 302. Turn left at Point Sebago Campground sign and follow to end.

Golf: is at Bridgton Highlands Country Club. Going north on Rte. 302 through the town of Bridgton take a sharp right onto Highland Ave, just before 302 makes a sharp left up a hill.
Follow signs to Country Club.

Bridgton Ice Arena: follow Rt. 302 past Lake Region High School. At light in Bridgton go straight on Rt. 117. Take left onto Rt. 37 and follow direction to Bridgton Academy the ice arena is on Hancock st.

MARSHWOOD HIGH SCHOOL

Get off at the Wells exit, turn right onto route 109. About a 1/2 mile, turn left onto Rte. 9. Follow all the way to the end (light) in North Berwick. Turn left onto route 4. Follow into South Berwick. Turn left onto route 236. Go past Dunkin Donuts, about 1/2 turn left again following route 236. High school is about 3 miles down on the right.

NORTH YARMOUTH ACADEMY

From the North or South

Take 295 . Exit 15 (Yarmouth-Cumberland). Turn right onto Rte 1. Go through first light to Travis Roy Arena, about 1/2 mile. Turn right into parking lot and park bus in designated area near tennis courts. Restrooms are located in the arena. Athletic fields are located between Arena and Main Campus.

Baseball fields: Go past Travis Roy Arena and take exit for Rte 115. Field is on right at Rowe Elem. School.

Basketball: Go past Travis Roy Arena and take right directly after going over bridge/overpass - at stop go left onto Main Street

(115). NYA Gym is on right behind school. Park buses on Main Street.

Golf: (Freeport Country Club)

Take Exit 20 off 295, from south go right at end of exit ramp, from north go left at end of exit ramp. Right onto Rte. 1 South. Take first RIGHT (at National Ski & Bike Store). Once across bridge, take first RIGHT. Golf course is at end of road.

OLD ORCHARD BEACH

Turnpike Exit 36 (Saco - OOB). After Toll Booth, go straight onto 195. After 2 miles the road will narrow. Stay straight until you come to a 7-11 store. Bear left at 7-11 store. Stay on this main road for about 1 mile till you reach a traffic light. Take left at light onto E Cummings Blvd. Middle school on your O.O.B.H.S. is 1/2 mile on right.

For O.O.B. Country Club: Country club is on Dirigo Drive, 200 yards past the last driveway entrance to the school. This is a dirt road/ Approx 1/2 mile to the club.

POLAND REGIONAL H.S. / BRUCE M. WHITTIER M.S.

From Auburn: Take Minot Ave. to Mechanic Falls. Take left onto Rte. 11. At light take left onto Rte. 26 South. School is immediately on the right.

From Yarmouth: Take 115 into Gray Center. Go straight across to Rte. 26 North and travel 13+ miles.

From the Portland Area and points South: Exit 63 off Maine Turnpike. At end of exit take right to first light. At first light go left to second light and go left again onto Rte. 26 North and travel 13+ miles.

From Sacopee Valley: Take Rte. 35 Standish/Buxton to Windham. Take left on Rte. 302 North to Raymond. Take Rte. 85 to end. Turn

right onto Rte. 11 and follow to lights. Turn right onto Rte. 26 South, school is immediately on the right.

From Bridgton Area: Take Rte. 302 to Rte. 11 in Casco. Turn left onto Rte. 11 and follow 11+ miles to lights. Turn right onto Rte. 26 South, school is immediately on the right.

SACOPEE VALLEY HIGH & MIDDLE SCHOOLS

FROM KITTERY AREA:

- Take Route 236 to North Berwick
- In North Berwick, take Route 4 through Sanford, Alfred to Waterboro
- In Waterboro, take left onto Route 5 through Limerick to Cornish
- In Cornish, take left onto Route 25 West
- Go 100 yards to the first fork in the road (just beyond Bay Haven)
- At fork, take the right onto South Hiram Road
- The first school on left is the location of JH games
- The second school on left is the location of HS games.

ALTERNATE: --Take Turnpike to either Saco/Biddeford or Portland Exit

FROM BRIDGTON AREA:

- Take Route 117 to Brownfield
- Turn right onto Route 160 until South Hiram stop sign
- At stop sign (Route 160 Ice Cream) turn left onto South Hiram Road
- The high school is _ mile on the right
- South Hiram Elementary School is next school on right.

FROM PORTLAND AREA:

- Take exit for Route 25 West
- Follow Route 25 to Cornish
- In Cornish, take the right onto South Hiram Road (fork in road just beyond Bay Haven Restaurant)
- The first school on left is the location of JH games
- The second school on left is the location of HS games.

FROM SACO/BIDDEFORD AREA:

- Take exit for Route 5 north
- Follow Route 5 through Waterboro, Limerick and into Cornish

- In Cornish, take left onto Route 25 West
- Go 100 yards to the first fork in the road (just beyond Bay Haven)
- At fork, take the right onto South Hiram Road
- The first school on left is the location of JH games
- The second school on left is the location of HS games.

FROM GRAY TURNPIKE EXIT:

- Turn left onto Route 35 West
- Follow Route 35 West through North Windham to Standish
- At stop light in Standish turn right onto Route 25
- Follow Route 25 to Cornish
- In Cornish, take the right onto South Hiram Road (fork in road just beyond Bay Haven Restaurant)
- The first school on left is the location of JH games
- The second school on left is the location of HS games.

SCARBOROUGH

Scarborough High School: is located just off Route One, to the south of Portland and South Portland. Coming north on the Maine Turnpike, take exit 6 (Scarborough). Just after the tollbooth you will come to a traffic light. Go straight ahead until you reach Route One. Turn left on Route 1 north and go to the fifth traffic signal with the entrance to Scarborough Town Hall and the Town and Country Credit Union are on your left. Turn left into this entrance and follow the signs for Scarborough High School. Coming south on the Turnpike or from Portland, get onto Route 295 (formerly Exit 7 from the Turnpike) and go to Exit 2, which feeds onto Route One. Bear right onto Route One and go to the fifth traffic light. Turn right and follow the signs into the High School. Lots are available at the rear and side of the school.

Scarborough Middle School - Route 1 to Route 114 - 1/4 mile on 114 take 1st left after Tennis Courts by Public Library. School is located behind Library.

Willowdale Golf Course: Willowdale Golf Course is south on Rt. 1 from the main entrance to Scarborough High School. Going south on Rt. 1 from the high school turn left at the fourth traffic light onto

Willowdale Road. The course is at the end of the road about .4 miles. If following directions to the High School from the south, after making a left on to Rt. 1 north, takes a right at the first traffic signal on to Willowdale Road and the course is .4 mile at the end of the road

Smiling Hill Farm - MS & HS X-country - Located on Route 22 in Westbrook

Willey Field - JV Baseball, Frosh Soccer, Frosh Football - Take Exit 7 off I-95 in So. Portland. At end of spur (Governor's is in front of you) take a RIGHT on to Rte. 1. At second light, take a LEFT on to Pleasant Hill Rd. Go straight through intersection of Pleasant Hill Rd and Highland Ave. Take first LEFT on to Tenney Lane. Field located at end of street

ST. DOMS

To High School:

- Maine Turnpike(I-95) to Exit 75 from North or South - go thru toll booth take left onto Washington Street
- Washington Ave. leads into Minot Ave.
- go straight to second set of lights at intersection of Center Street & Turner Street
- go straight at light onto Center Street - continue until you see Auburn Mall on left ahead of you
- Just before Mall - Turn Left at light onto Mt. Auburn Ave.
- at next set of lights - turn Right onto Turner Street - go past Auburn Mall on your right
- turn left onto Gracelawn Road - immediately after Gracelawn Memorial Park
- School on Right

To Arena - C.M.Y.C.: Hockey

From Maine Turnpike: Exit 80, follow ramp onto Lisbon Road toward center of Lewiston. At 4th light, turn right on East Avenue. Next light turn left on Bartlett Street. At 1st stop sign turn right on Birch Street. After 2nd intersection, it is the gray building on your left.

L.H.S. Franklin Field: Tennis - From Maine Turnpike: Exit 13 - Follow ramp onto Lisbon Road toward center of Lewiston. At 4th light turn right onto East Avenue. After 1st light it will be on the left.

Tennis Courts are currently being built - please call for tennis match location

TRAIP ACADEMY

To go to the School:

From I-95: About 5 miles South of the York Toll Plaza, take Exit 2 (Kittery/South Berwick). This exit will take you to route 236, turn right and go over the Interstate heading to the Kittery Traffic Circle (.3 miles). Go halfway around the circle turning right after the Dairy Queen. Travel 1 mile then turn right after Brooks Pharmacy. Take 3rd left (.2 miles), Williams Avenue, the school will be on your right.

To go to SOCCER / TRACK / JV SOFTBALL FIELDS:

Go left on 236N (approximately 1 mile). Take a right at light. Field .8 of mile on left.

To go to FOOTBALL / FIELD HOCKEY / BASEBALL / SOFTBALL FIELDS:

Go right off from exit onto 236S to traffic circle (approximately .3 miles) Once on traffic circle take immediate right off circle. Fields are located on the left about 1 mile from traffic circle.

To CROSS COUNTRY COURSE:

Follow directions to the Osco Drug Store. Stay on this road for another 5 miles. Bear right at the Sunoco Gas Station. Go approximately 1/2 mile and bear right again until you see a bridge at an intersection. Go right onto bridge and take a right to Fort Foster park. Park is located at the end of road.

WAYNFLETE SCHOOL

The Fore River Fields Athletic Complex (Soccer, Lacrosse, Baseball, Tennis, Field Hockey): From North or South, take Congress Street West (Rte 22) exit off I-295 and head west away from town. Go approximately 1.8 miles and take the first left after the

RR Crossing onto Hobart Street. At about .3 miles turn right onto Osgood Street and follow straight to athletic fields.

Fore River Fields From the West on Rte 22: Turn right onto Hobart Street about 1 mile after the Portland Jetport A/access road. and 50 yards before the RR Crossing. At about .3 miles turn right onto Osgood Street and follow straight to athletic fields.

The Waynflete School Gym:

From the North or South: take Congress Street (Rte 22) exit off I-295 and head east or downtown. Go past traffic light at intersection with St. John Street and go up the hill. At the top of the hill turn right onto Bramhall Street and then fork left onto Vaughn Street. follow Vaughn about one half mile and turn left onto spring Street. School is just ahead on the right. Buses should drop teams off in front of that Administrative Building..., the gym is located just behind.

From the West: Take Rte 22 past St John street, up the hill and turn right onto Bramhall Street, then follow directions above. Nearby parking for buses can be found by continuing on Spring Street to the next stop sign and turning right onto Emery Street. Turn right at next stop onto Danforth and look ahead for roadside parking between Fletcher and Storer Streets. If there is no available parking there continue ahead to the next stop sign and turn right onto Vaughan Street for parking.

Softball at Southern Me. Tech College. (SMTC):

From the West, in on Rte. 22 or from the North or South, take Congress Street (Rte 22) exit off I-295 and head east or downtown until traffic light / intersection w/ St. John Street (Rte. 1), turn right. Go about .7 miles to rotary to the end of St. John Street. Go halfway around rotary and off onto Rte/ 1A (Commercial Street). Turn left in less than 1 mile for Casco Bay Bridge to South Portland. The first full traffic light after bridge you merge with Broadway. Go straight a head on Broadway following all the way to end, approx 1.6 miles. Turn right onto Pickett, the right at next stop sign onto Fort Street. You'll see the two fields, on your left. Parking is available back on Pickett Street.

WELLS

Take Turnpike Exit 19. After toll booth turn left. About 1.5 miles on right is sign for school & school entrance.

Soccer, Track, Lacrosse: are played on Forbes Field which is 1.5 miles from W.H.S., take a right on Rte, 1 South, travel .5 mile south.

Cape Neddick Country Club:

Directions From the North: I-95 (Maine Turnpike) to Wells, Exit (Exit 2), East 1 mile to US 1, South(R) on US 1, approximately 5 miles to the center of Ogunquit, Angle left onto Shore Road(middle road of three),

The Club is approximately 2.2 miles south on the right side of Shore Road. When you approach "Perkins Cove" there is a fork in the road, bear right. Winding road allow, for 20 minutes from the HS.

Recreation Dept Fields: Exit 19 - Go Right on 109 to blinking light approx 1mi. Take Right on route 9A. Fields on left about 1 mile.

YARMOUTH

High School:

From the North: Take Route 115 out of Gray to Yarmouth. At the second set of lights in Yarmouth, turn left onto Route One South towards Portland. At the second set of lights on Route One (Mobil gas station will be on your left), take a right onto Portland Street. Quality Containers of New England will be to your right. The new entrance for all high school events is the road immediately after the Quality Containers of New England entrance.

From the South: Take Interstate 295 and exit at Exit 15. At the first set of lights, turn left onto Portland Street. Quality Containers of New England will be to your right. The new entrance for all high school events is the road immediately after the Quality Containers of New England entrance.

From the East: Take Interstate 295 South and get off at Exit 17 (across from Casco Bay Ford) which will take you onto Route One. At the third set of traffic lights on Route One (Mobil gas station will be

on your left), take a right onto Portland Street. Quality Containers of New England will be to your right. The new entrance for all high school events is the road immediately after the Quality Containers of New England entrance.

Athletic Events at the High School: H.S. Soccer, H.S. Lacrosse, H.S., Field Hockey, H.S. Softball, M.S. Softball, M.S. Baseball, M.S. Cross Country, M.S. Girls Lacrosse, H.S. Basketball, H.S. Tennis, H.S. Volleyball & H.S. Track

Yarmouth Middle School: (Winslow Field Complex) Follow the directions for H.S., the middle school is on McCartney Street which is directly across from the entrance driveway to the high school. The athletic fields are down over the hill before you get to the middle school.

Athletic Events at the Middle School: M.S. Soccer, M.S. Softball, M.S. Basketball, M.S. Boys Lacrosse, M.S. Field Hockey.

Athletic Events Away From the High/Middle School Area:

Swimming: Casco Bay YMCA, Rte. 1, Freeport

M.S. Baseball: Bennett Field in Yarmouth

Ice Hockey: NYA Ice Arena, Rte. 1, Yarmouth

M.S. Softball: Tobiason Field (North Road)

Golf: Yarmouth plays at Val Halla in Cumberland. Take Rte. 9 & follow signs.

X Country: Pratt's Brook Facility on North Road.

YORK HIGH SCHOOL

Take I-95 to York Exit 7, after exit, turn left onto Rte. 1 North. Turn right at lights onto Old Post Road. Approximately 1 mile turn left onto Ridge Road. turn right (1st right) onto Webber Road. York H.S. and Athletic Fields on the right.

YORK GOLF&TENNIS (GOLF)

I-95 to York Exit 7. Turn right onto Rte 1 South. Turn left at York Corner lights onto York St. Turn right (2nd right) onto Organug Rd. Go past York MS, YG&T approx 1 mile.

BOG ROAD ATHLETIC FIELDS

I-95 to York Exit 7. Turn right onto Chases Pond Rd (York County Court House on the right). Approx. .5 mile turn left onto Scituate Rd. Approx .5 mile turn left onto Bog Rd. Go straight on Bog Rd (pavement ends) Athletic Fields 1 mile on right.